

meditation for solo guitar

The *meditation* is a sort of musical exhale, composed in the immediate aftermath of the stress and intensity of my Masters Recital at San Francisco Conservatory. Whereas that concert represented a public summation of all I had been working on for two years, including several new, ambitious, wide-ranging pieces, the *meditation*, by contrast, is a small, quiet, intimate piece that is narrowly focused, and doesn't cover very much ground. It also represents my first foray into some of the ideas and approaches of Minimalism, which turned out to be a significant influence on much of my subsequent work. In this sense, this small, simple piece has proven to be a far more significant turning point for me artistically than any of the much more ambitious works on my recital.